



Self-Directed Supports

Over 2000 My Choice Members are controlling their services with Self-Directed Supports (SDS) everyday!

What's different about SDS through My Choice Family Care...

- It's not an "all or nothing approach".
- Members are not alone, they have a team that will continue to support them to work toward their goals and provide as much, or as little, assistance as needed.
- Teams are continuously monitoring services to ensure Member's outcomes and health & safety needs are being met. If there is evidence the provider is not doing a good job, they can step in and help.
- My Choice Family Care has a group of SDS experts who routinely meet to improve and expand the SDS program--meaning better options and easier navigation for our Members.

What My Choice Family Care Members self-direct...

Members have the choice to direct nearly all types of services. While mostly used for in-home personal care, our Members also have self-directed transportation, meals, therapy, preferred Medical equipment, building materials for ramps, employment services, and much more!

Members choose which service, or services, they want to direct.

The Member receives a budget.

Members set their own goals with their Team.

The Member decides how, when and who provides what supports at an identified cost.

Try it out:

If Members are not happy with their supports they can add, change, or terminate some, or all, of them.

Members can choose to self-direct as little or as much of their service plan as the like.

Self direction can be stopped at any time, should a Member decide self-direction is not for him or her.